

## Small Group Notes

**Date: 30 Jan 2022**

### Welcome

How are you doing?

How have you seen Jesus at work in your life this week? What have you sensed Him saying to you?

### Worship

Start by spending some time in worship together. If you have a worship leader(s) in the group, ask them to lead worship. Alternatively, we have compiled a couple of playlists with a range of songs for you to use during worship and ministry.

[Small Group Spotify playlist](#)

[Small Group Youtube playlist](#)

**Sermon series: Kingdom Carriers**

**Talk title: Carriers of Healing**

**Speaker: Dave**

**Bible Text: Luke 4:18-19, Luke 5: 12-26**

**1) Some opening questions:**

*For those there on Sunday, what do you remember being said? Importantly, what did Jesus say to you & how did you respond? (encourage people to share personally)*

**2) Read bible text aloud in the group**

**3) Talk summary**

*If there's a "talk in two" video, play it*

*Or.... share the one sentence summary plus the main application points*

*Jesus heals today, not just in the Bible. We are carriers of healing and can release healing into the world as we pray in Jesus' name. Top Tips:*

- 1) *Remember Jesus is Willing*
- 2) *Pray Like Jesus - Short prayers, full of authority, speak to the condition, lay on a hand, eyes open, pray again if needed*
- 3) *The Power comes from the Lord - Holy Spirit in us - we just pray and wait to see what He does...*

**4) Questions for application (2-3 questions max.)**

**Some weeks, suggested questions will be given. Other times we could leave to group leaders**

- *What jumps out to you from this passage of scripture?*
- *What is the Lord saying to you from this Bible text?*
- *What is this text telling us about God? What is it saying about us?*
- *Has anyone experienced something similar and what was it like?*
- *How does the text relate to our lives today?*
- *How might we respond well to what the Lord is saying?*

## 5) Prayer ministry

Spend time praying for each other. The goal here is to minister in the power of the Holy Spirit, rather than intercessory prayer. We believe that the Holy Spirit is present and able to change and heal right now! The follow the model below is based on how Jesus prayed for people. It's not a formula but a model we've found extremely helpful. As we demonstrate it, others will "catch it".

There are 3 simple steps: **ASK – PRAY - ASK**

- i) **ASK** – ask the person what they're asking Jesus to do for them  
And ASK the Holy Spirit what He is wanting to do
- ii) **PRAY** – like Jesus did, pray your best prayers. Invite the Holy Spirit to come, and then wait. As pray-ers, let's keep our eyes open to see what the Holy Spirit is doing
- iii) **ASK** – what's happening? If the pain was a 10 out of 10 when they walked in tonight, ask them what they would score the pain now? What are the next steps? Thank God and ask for more. You may find it helpful to go through these steps 2-3 times.

### To ponder or pray about this week...

*Suggest a question or activity to take away and do during the week to help in the process of reflection and application.*

*Are you up for giving this a go this week? When a colleague or friend tells you of a physical condition in their body, instead of just offering them some paracetamol, would you offer to pray for healing for them?*

*Could say something like - I believe Jesus could heal you of that, would you mind if I prayed for you for this?*

### **Some tips for leading a small group Bible discussion:**

- *Leading a good Bible discussion is primarily about asking good questions - it's more art than technique and has to be learned "on the job"*
- *We're aiming for self disclosure and application rather than theoretical discussion.*
- *Recognise that people are on a journey - they may be exploring faith or been following Jesus for years.*
- *It may be helpful to start with a lighter ice breaker question, then press in a bit deeper*
- *Open questions are good – "What, How, What if..."*
- *Ask questions that require more than a yes/no answer*
- *Ask questions that are neither insultingly easy nor bewildering obscure!*
- *Supplementary questions are really important - ensure people are grasping meaning rather than trotting out mechanical answers*
- *Supplementary questions have to be asked in the moment, but preparation helps to anticipate various replies*
- *Some helpful questions could include ... how does that tie in with the rest of the passage? Can you give an example of that? How do you think this could work out in our lives?*
- *Avoid leaving people thinking "so what?"!!*
- *Remember that all roads in scripture lead to Jesus!*