

## A SUGGESTED APPROACH EACH DAY:

Pause
Start by slowing down,
centring ourselves on Jesus

Rejoice & read
Thank the Lord, worship Him, read the scripture

Ask
Let the scripture guide you,
ask for what you & others need

Yield
From His word, what is the
Lord inviting you to say yes to?

## **READING THE WHOLE BOOK:**

Once a week, could you find 20 minutes to read the whole book in one go?! Ephesians is a letter and it's so helpful to read it as it was designed to be read, i.e. as a whole letter. If you're able to read it out loud, that can really help to get God's Word into our heads & hearts.

### **WEEK 1: EPHESIANS 1**

**Sun** - Eph 1:1-2

Mon - Eph 1:1-10

Tues - Eph 1:11-14

Wed - Eph 1:15-23

**Thurs** - Joshua 6:1-20

Fri - Psalm 96

Sat - Eph 1-6 (whole book!)

## **WEEK 2: EPHESIANS 2**

Sun - Eph 2:1-10

Mon - Eph 2:11-13

Tues - Eph 2:14-22

Wed - Revelation 7:9-12

**Thurs** - Romans 6:1-14

Fri - Romans 8:31-39

Sat - Eph 1-6 (whole book!)

# **WEEK 3: EPHESIANS 3**

**Sun** - Eph 3:1-6

Mon - Eph 3:7-13

**Tues** - Eph 3:14-19

Wed - Eph 3:20-22

Thurs - 1 John 2:3-11

Fri - 1 John 3:11-24

Sat - Eph 1-6 (whole book!)

### **WEEK 4: EPHESIANS 4**

**Sun** - Eph 4:1-6

Mon - Eph 4:7-13

**Tues** - Eph 4:14-16

Wed - Eph 4:17-24

Thurs - Eph 4:25-28

Fri - Eph 4:29-32

Sat - Eph 1-6 (whole book!)

## **WEEK 5: EPHESIANS 5**

**Sun** - Eph 5:1-7

Mon - Eph 5:8-14

Tues - Eph 5:15-20

Wed - Eph 5: 21

**Thurs** - Eph 5:21-33

Fri - Galatians 5:13-26

Sat - Eph 1-6 (whole book!)

#### **WEEK 6: EPHESIANS 6**

**Sun** - Eph 6:1-4

Mon - Eph 6:5-9

Tues - Eph 6:10-12

Wed - Eph 6:13-17

Thurs - Eph 6:18-20

Fri - Eph 6:21-23

Sat - Eph 1-6 (whole book!)